



Brisbane | Ipswich | Logan | Gold Coast

ABN 22 357 165 174

www.ironbarkadventure.com.au

hello@ironbarkadventure.com.au

0427 802 078

Service & Investment Guide

Ironbark Adventure Mentoring provides structured outdoor experiences designed to build confidence, resilience, connection, and real-life skills through activities such as mountain biking, hiking, fishing, camping, and other nature-based adventures.

Each experience is tailored to the participant, supporting personal goals or NDIS outcomes where relevant. Every adventure blends mentoring, psychology-informed practices, and Eco-Therapy to foster meaningful growth and wellbeing. Activities are planned in line with the *Australian Adventure Activity Standards (AAAS)* and associated *Good Practice Guides (Outdoor Council of Australia)* for safety and quality, while being adapted to suit participants, locations, and circumstances.

Participants can develop confidence, resilience, independence, social skills, mental wellbeing, and physical fitness, while enjoying lasting engagement with the outdoors.

Professional Qualifications & Experience

- Bachelor of Behavioural Science (Psychology)
- Certified Eco-Therapist
- Qualified Mountain Bike Instructor (PMBIA)
- Certified Wilderness Survival Instructor
- Autism Awareness & Support Training (Certificate)

Professional Experience:

- Over four years supporting neurodiverse individuals (Autism, ADHD, PDA, RSD)
- Previous roles as an Outdoor Adventure Facilitator and Eco-Therapist
- Trained in risk management, emergency procedures, first aid, and CPR

Compliance & Safety:

- Professional indemnity, public, and product liability insurance

- Comprehensive risk assessments, safety briefings, incident reporting, equipment checks and emergency procedures
 - NDIS Orientation Modules, Blue Card (Working with Children Check) and current National Police Check
 - Current permits, land access approvals, and environmental management protocols
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What's Included in Each Adventure

- Individualised session planning and risk assessments
- Goal-aligned activities with case notes and reflections
- Use and maintenance of high-quality equipment*
- Safety compliance, first-aid qualified staff, and emergency response
- Tailored support for participants with diverse needs
- Fostering confidence, resilience, skill-building, and autonomy
- Coordination with guardians and other professionals
- Accessibility adaptations and environmental responsibility
- Ongoing professional development to maintain high standards

*Participants to provide personal clothing, footwear, and protective equipment (helmet, sunscreen, etc.). All equipment (excluding mountain bikes - ask us about hire options), food and water are provided only for Group and Camping Adventures. Fishing rods, tackle, and some sports equipment can be provided for small groups or 1:1 adventures.

Cost Overview

Ironbark delivers premium, professionally guided outdoor experiences, combining:

- Qualifications and experience in psychology-informed mentoring, Eco-Therapy, Wilderness Survival and MTB coaching, among others.
- Safe service delivery guided by AAAS and Good Practice Guides
- Individualised planning and case documentation
- Comprehensive risk management and emergency procedures
- Equipment provision and maintenance
- Professional experience and expertise in providing tailored support to meet the needs of each participant
- Case noting and participant reflections

Standard Rate Breakdown (Approximate)

- \$85 – Activity delivery & mentoring
- \$30 – Operational costs (transport, insurance, equipment, permits, compliance etc.)
- \$15 – Session planning, administration, documentation

Standard Rate: \$130/hr (group discounts apply for shared adventures)

Registration Fee: \$35 (one-time)

Covers participant setup, risk assessments, planning, and payment setup to ensure your first adventure is fully prepared and safe.

Adventure Options & Pricing

1. 1:1 Adventure Mentoring

Ideal for regular mentoring, skill development, and short local adventures. Sessions are primarily 1:1, however, siblings or close friends may participate together where appropriate (max 2 participants).

Duration: minimum 90 minutes

Rate: \$130/hr

Sibling/Friend discount (per person):

<i>Participants</i>	<i>Rate (hourly)</i>
1	\$130
2	\$110

Transport:

- Meet at the agreed location by default
- Pickup/drop-off available on request and quoted individually based on distance, time, and supervision requirements.

Includes:

- Mentoring & activity supervision
- Activity planning & guidance
- Safety briefings, risk management, and emergency procedures
- Session notes and participant reflections

2. Group Adventures

Fully immersive, small group experiences combining skills building, tailored mentoring, and connection to nature. 2-4 participants, 1 mentor:4 ratio max.

Duration: minimum 90 minutes

Rate (per person): \$130/hr

Group Discounts (per participant):

<i>Participants</i>	<i>Discounted Hourly Rate</i>
1	\$130
2	\$110
3-4	\$90

Transport:

- Meet at the agreed location by default
- Pickup/drop-off available on request and quoted individually based on distance, time, and supervision requirements.

Includes:

- Mentoring & activity supervision (including safe group management practices)
- Activity planning & guidance
- Safety briefings, risk management, and emergency procedures
- Session notes and participant reflections

3. Camping Adventures

Immersive multi-day experiences with tailored adventure activities, all-inclusive logistics and equipment, and a focus on personal growth, skills, and connection to nature.

Duration: 24-48+ hours (or custom)

Pricing: Starting from \$1,200 per participant (based on group size, duration, activities, participant requirements and location).

Transport: All-inclusive (pickup, drop-off, and in-trip travel)

Includes:

- Mentoring & supervision

- Planning & risk management
- Gear transport and setup
- Meals, snacks, and water (dietary requirements catered for)
- Reporting and session notes

Group Size: 1:1 Camping available. Groups set at maximum 1 mentor per 4 participants (Ratio 1:4).

NDIS Information (for NDIS Participants Only)

Eligibility:

- Ironbark Adventure Mentoring works with self-managed and plan-managed NDIS participants only.
- As a non-registered provider, we are not bound by NDIS price limits and can set our own fees.

NDIS Line Items Used:

Core Supports:

- **04_210_0125_6_1 – Community Social and Recreational Activities**
Outdoor mentoring, mountain biking, hiking, and other experiences promoting community participation

Capacity Building / Community Participation:

- **09_008_0116_6_3 – Innovative Community Participation**
Group or individual skill-building in real-world settings
- **09_011_0125_6_3 – Community Participation Activities**
One-off or structured sessions supporting community engagement and inclusion

Pricing & Split-Billing:

- Split-billing option:
 1. Charge the participant's NDIS plan manager up to the maximum funded rate allocated for this support in the participant's plan.
 2. Participant pays remaining top-up privately to reach agreed session rate.

Important Note: If you or your plan manager would like to use a different NDIS line item, please contact us. We are happy to discuss options and provide full transparency regarding pricing and invoicing.

Policies, Forms and Terms & Conditions

Please find full PDF versions of the *Participant Policies & Information, Terms & Conditions, Service & Investment Guide, as well as the Participant Handbook* in the footer of our website under 'Links' at www.ironbarkadventure.com.au, or contact us using the details below to request a copy by email.

Reed Buckley | Founder & Adventure Guide

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