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## Consent, Safety & Risk Acknowledgement Form

Participant Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Parent/Guardian (if under 18): \_\_\_\_\_

### Section 1 – Overview & Participation

I acknowledge that:

1. Ironbark Adventure Mentoring provides outdoor adventure-based mentoring activities, including but not limited to:
  - Mountain biking (black, blue, and green trails)
  - Hiking, bushwalking, and trail exploration
  - Fishing and water-based activities
  - Camping, overnight trips, and campfire activities
  - Ball sports and other outdoor experiences
  - Encounters with wildlife, insects, or domestic/feral animals

2. These activities are designed to promote confidence, resilience, skill development, and enjoyment of the outdoors.
  3. I voluntarily consent to my/my child's participation in all activities.
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## Section 2 – Acknowledgement of Risks

I understand that participation in outdoor and adventure activities carries inherent risks, including but not limited to:

- Slips, trips, falls, cuts, bruises, fractures, sprains, or other physical injuries
- Environmental hazards, including extreme weather, sun exposure, storms, flooding, or other natural events
- Equipment failure, malfunction, or misuse, whether personal or provided by Ironbark Adventure Mentoring
- Water-related risks, including drowning, slips, or injury near water
- Collisions, loss of control, or falls during mountain biking, cycling, or other activities
- Fatigue, dehydration, or exacerbation of pre-existing medical conditions
- Exposure to wildlife or insects, including bites, stings, or other injuries
- Campfire-related risks, burns, or smoke inhalation
- Unforeseen or unpredictable events beyond the control of Ironbark Adventure Mentoring

I acknowledge that while all reasonable precautions will be taken, **risks cannot be completely eliminated.**

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## Section 3 – Participant Responsibilities

I agree to:

- Follow all instructions, safety guidance, and directions provided by Ironbark Adventure Mentoring
- Wear appropriate clothing, footwear, and safety equipment at all times
- Use equipment safely and responsibly
- Fully disclose any medical conditions, injuries, allergies, or medications
- Act responsibly and respectfully towards other participants, mentors, and the environment

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## Section 4 – Medical & Emergency Consent

**Medical Information:**

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**Allergies / Conditions / Medications:**

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**Doctor/Clinic Name & Phone:**

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I authorise Ironbark Adventure Mentoring to:

- Administer first aid as required

- Seek medical assistance, including transport to a medical facility if necessary
- Provide relevant medical information to medical personnel in the event of an emergency

I accept responsibility for any medical costs not covered by Medicare, NDIS, or private insurance and will notify the business promptly of any changes to health that may affect participation.

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## **Section 5 – Optional Consents**

### **Transport Consent**

- Yes - I consent to Ironbark Adventure Mentoring providing transport for myself/my child
- No - I will arrange my own/my child's transport

### **Media & Photography Consent**

- Yes - I consent to photos/videos of myself/my child being taken and used for program and promotional purposes
- No - I do not consent

### **NDIS Information Sharing (if applicable)**

- Yes - I consent
- No - I do not consent

### **Digital Consent (optional)**

- I acknowledge that submitting this form electronically (via email, PDF, or online form) constitutes a valid and legally binding consent

### **Personal Equipment Acknowledgement (optional)**

- I acknowledge that any personal equipment I bring (e.g., mountain bike, camping gear, fishing gear) is: safe, in good working order, my responsibility, and insured if damaged or lost

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## Section 6 – Behaviour & Code of Conduct

I understand and agree that:

- Participants must follow all safety instructions and respect staff, peers, equipment, and the environment
- Unsafe, harmful, or disrespectful behaviour may result in suspension or termination of services
- I have received and read the **Participant Code of Conduct** (included in the *Service Agreement*) and agree to follow it

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## Section 7 – Insurance, Liability & Waiver

I release, indemnify, and hold harmless Ironbark Adventure Mentoring, its owner, staff, and contractors from any claims, liability, loss, or damage arising from participation, except where liability cannot be excluded by law.

I have read and understood the **Participant Policies & Information Document**, had the opportunity to ask questions, and give informed consent for participation in Ironbark Adventure Mentoring services.

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## Section 8 – Acknowledgement of Policies & Emergency Contact

Emergency Contact Name: \_\_\_\_\_

Phone: \_\_\_\_\_

I acknowledge that I have received, read, and understood the:

- Child Safe Policy (*Participant Policies & Information document*)
- Privacy Policy (*Participant Policies & Information document*)
- Participant Code of Conduct (*Service Agreement*)

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## Section 9 – Overall Consent & Signature

By signing below, I acknowledge that I have **read, understood, and agree to all sections of this Consent, Safety & Risk Acknowledgement Form.**

Signature (Participant or Guardian): \_\_\_\_\_

Date: \_\_\_\_\_

Print Name: \_\_\_\_\_